

Apparel Sizing Guide



Miss Sizes					
Size	Bust	Cup	Waist	Hips	Equivalent Dress Size
One Size	33 - 38 inch 84 - 97 cm	B - C	24 - 30 inch 61 - 76 cm	35 - 40 inch 89 - 102 cm	8 - 14
Small	32 - 34 inch 81 - 86 cm	A - B	23 - 25 inch 58 - 64 cm	34 - 36 inch 86 - 91 cm	6 - 8
Medium	34 - 37 inch 86 - 94 cm	B - C	26 - 28 inch 66 - 71 cm	36 - 39 inch 91 - 99 cm	10 - 12
Large	37 - 40 inch 94 - 102 cm	C	28 - 31 inch 71 - 79 cm	39 - 41 inch 99 - 104 cm	14
X-Large	39 - 42 inch 102 - 109 cm	C - D	31 - 34 inch 79 - 86 cm	41 - 44 inch 104 - 112 cm	16 - 18

Queen / Plus Sizes				
Size	Bust	Waist	Hips	Equivalent Dress Size
One Size	39 - 44 inch 99 - 112 cm	31 - 36 inch 79 - 91 cm	41 - 46 inch 104 - 117 cm	16 - 20
1X	39 - 42 inch 99 - 107 cm	31 - 34 inch 79 - 86 cm	41 - 46 inch 104 - 112 cm	16 - 18

2X	42 - 45 inch 107 - 114 cm	34 - 37 inch 86 - 94 cm	44 - 47 inch 112 - 119 cm	20 - 22
3X	45 - 48 inch 114 - 122 cm	37 - 40 inch 94 - 102 cm	47 - 50 inch 119 - 127 cm	22 - 24
4X	48 - 51 inch 122 - 130 cm	40 - 43 inch 102 - 109 cm	50 - 53 inch 127 - 135 cm	24 - 26

To Measure Your Cup Size

If In Doubt You Should Go Up A Size

<p>With your bra on, measure the fullest part of your breast, keep the tape level but not too tight. Measure just under your bust where the bra band sits. The difference between the two measurements will give you your cup size.</p>	Cup	CMS	INCHES
	A	2.5	1
	B	5	2
	C	7.6	3
	D	10.2	4
	DD	12.7	5

Men's Sizes

SIZE	CMS	INCHES
Small	71 - 76	28-30
Medium	81 - 86	32-34
Large	91 - 97	36-38
X-Large	97 - 102	38-40

If in Doubt, Please Order the next size up.